



## Pre-Operative Instructions for IV Sedation

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Do not eat or drink anything for **six (6) hours** before your scheduled appointment (clear fluids to take medications are allowed in small amounts).

Take all of your regularly prescribed medications when you normally take them unless otherwise noted by your doctor.

Bring someone to accompany you and drive you home. A parent must accompany minors for the duration of the appointment.

Arrange to have someone stay with you the day of surgery.

Wear clothes that are comfortable with short sleeves for easy placement of the blood pressure cuff and other monitors.

Please remove any nail polish and/or artificial nails from at least two fingers on each hand.

Do not wear contact lenses to your appointment.

Have an ice bag to use if necessary when you get home.

Bring any special prescribed medications (including inhalers or angina medications) with you to your appointment. Take pre-medication one hour prior to appointment if indicated.

Do not perform any strenuous or hazardous activities or drive a motor vehicle for the remainder of the day following sedation.